

# Summer pool programme timetable

	07.00	08.00	09.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00
<b>Mon</b>	Public swimming with lanes		Coached session			P/S with lanes	Coached session	Public swimming with lanes	Coached session/ pool closed	Public swimming with lanes	Coached session		Public swimming with lanes	Public swimming with lanes	
			Public swimming*				Lane swimming only				Public swimming*				
<b>Tues</b>	Public swimming with lanes		Coached session	Public swimming with lanes	Lane swimming only	Public swimming with lanes	Coached session/ pool closed	Public swimming with lanes				Public swimming with lanes			
			Public swimming*												
<b>Wed</b>	Public swimming with lanes		Coached session	Public swimming with lanes			Staff training – pool closed	Coached session/ pool closed	Public swimming with lanes		Female only session	Club session (2 lanes)			
			Public swimming*									Lane swimming only (3 lanes)			
<b>Thurs</b>	Coached session (2 lanes)	Public swimming with lanes	Coached session			Lane swimming only	Public swimming with lanes	Coached session/ pool closed	Public swimming with lanes		Aquafit	Public swimming with lanes			
	Lane swimming only (3 lanes)		Public swimming*								Public swimming*				
<b>Fri</b>	Public swimming with lanes		Coached session	Public swimming with lanes			Coached session		Coached session/ pool closed	Public swimming with lanes					
			Public swimming*				Public swimming*								
<b>Sat</b>	Pool closed	Adult lane swimming only	Family session – no lanes available			Public swimming with lanes		Fun session		Club session –pool closed (every 2 <sup>nd</sup> and 4 <sup>th</sup> weekend per month) P/S with lanes (every other weekend)		Pool closed			
<b>Sun</b>	Pool closed	Adult lane swimming only	Family session – no lanes available			Public swimming with lanes		Fun session		Public swimming with lanes		Pool closed			

\* No lanes available for public swimming at these times